## THE CLAIMS

- An integrated circuit comprising a regulated power supply including a pyroelectric capacitor.
- The integrated circuit of claim 1, further comprising a heater, thermally coupled to the capacitor, and a circuit for causing the heater to apply heat pulses to the pyroelectric capacitor.
- The integrated circuit of claim 2, wherein the heater includes a thin film dissipating element on a plate of the pyroelectric capacitor.
- The integrated circuit of claim 3, further comprising a substrate and a thermal barrier on the substrate, the thin film dissipating element formed on the thermal barrier.
- 5. The integrated circuit of claim 2, wherein the circuit includes a voltage sense for sensing an output voltage of the power supply; a comparator for comparing the output voltage to a reference voltage; and a pulse generator for supplying pulses to the heater when the output voltage is less than the reference voltage.
- 6. The integrated circuit of claim 5, wherein the voltage sense includes a resistor ladder, and wherein the power supply further includes a rectifier for rectifying an output of the capacitor, the resistor ladder also forming a part of the rectifier.
- The integrated circuit of claim 1, further comprising a circuit for balancing charge on the pyroelectric capacitor during cooling when power supply output voltage falls below a recovery voltage.

- The integrated circuit of claim 7, wherein the circuit includes a diode connected between the capacitor and a recovery voltage terminal.
- 9. A regulated power supply comprising:
  - a pyroelectric capacitor;
  - a heat dissipating element in thermal communication with the pyroelectric capacitor; and
  - a feedback circuit for sending electrical pulses to the dissipating element and adjusting the pulses to regulate an output of the power supply.
- 10. The power supply of claim 9, wherein the heater includes a thin film dissipating element on a plate of the pyroelectric capacitor.
- 11. The power supply of claim 9, wherein the feedback circuit includes a voltage sense coupled to the power supply output; a comparator for comparing an output of the voltage sense to a reference value; and a pulse generator for supplying pulses to the heat dissipating element when the output voltage is less than the reference voltage.
- 12. The power supply of claim 11, wherein the voltage sense includes a resistor ladder; and wherein the power supply further includes a rectifier for rectifying an output of the capacitor, the resistor ladder also forming a part of the rectifier.
- 13. The power supply of claim 9, further comprising a circuit for recovering charge on the pyroelectric capacitor during cooling when output voltage falls below a recovery voltage.

- 14. The power supply of claim 13, wherein the circuit includes a diode connected between the capacitor and a recovery voltage terminal.
- 15. A regulated power supply comprising:
- a pyroelectric capacitor:

means for sending heat pulses to the capacitor;

means for comparing capacitor voltage to a reference voltage; and means for adjusting the heat pulses in response to the comparison.

16. A method of using a pyroelectric capacitor as a regulated power supply, the method comprising:

sending heat pulses to the capacitor;

comparing capacitor voltage to a reference voltage; and

adjusting the heat pulses in response to the comparison.

- 17. The method of claim 16, wherein pulse width is adjusted.
- 18. The method of claim 16, wherein frequency of the heat pulses is adjusted.
- The method of claim 16, wherein amplitude of the heat pulses is adjusted.